

COVID-19 update for youth sports coaches & teams

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The information presented here is current as of today's date unless otherwise noted. All data are provisional. For the latest information, reference links within the presentation or visit www.erie.gov/covid19



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Agenda

- ▶ Introduction & Housekeeping
- ▶ ECDOH Roles
 - ▶ Testing (Public Health Lab)
 - ▶ Epidemiology
 - ▶ Environmental Health
 - ▶ Vaccination
- ▶ Reducing Risk
- ▶ Questions & Answers

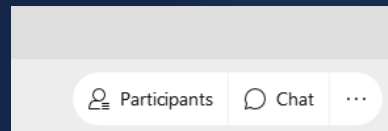


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Introduction & Housekeeping

- ▶ Welcome to WebEx!
- ▶ During Q&A period, please use the chat feature – on computer screens, bottom right of screen



- ▶ Questions after the event? Send to kara.kane@erie.gov or call (716) 858-4941



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ECDOH Roles

- ▶ NYS is the main authority for schools and sports & recreation guidance
- ▶ ECDOH:
 - ▶ Conducts case investigations and contact tracing
 - ▶ Enforces state and local regulations for permitted facilities & provides education/outreach



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COVID-19 Diagnostic Testing

- ▶ Sites at www.erie.gov/covidtestsites
- ▶ Free testing through ECDOH:
call (716) 858-2929
- ▶ When to test
 - ▶ If you have COVID-19 symptoms
 - ▶ 5-7 days after an exposure to a confirmed COVID case
 - ▶ If your doctor recommends it
 - ▶ To know your status



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Epidemiology School Team

- ▶ Case Investigation & Contact Tracing
 - ▶ (716) 858-6525 – for school administrators, school nurses and coaching staff
 - ▶ Dr. Lauren Nicholas
 - ▶ Amber Palmer MPH
 - ▶ Rebecca Kerr MPH
- ▶ Office hours: M-F, 9 a.m. – 3 p.m.



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Isolation & Quarantine

Break chain of disease transmission

- ▶ Isolation: separates sick people with a contagious disease from people who are not sick (10 days)
- ▶ Quarantine: separates and restricts movement of close contacts to see if they become sick (10 days)
- ▶ Close contact: within 6 feet of a person with COVID-19 for 10 minutes or more while they were infectious
 - ▶ May also use duration of exposure, proximity of contacts and presence of symptoms when placing people in quarantine



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Contact Tracing

- ▶ May not identify source of infection – in most cases, source may be suspected (e.g., from a household, workplace or social gathering) but cannot be confirmed
- ▶ Teams, schools & businesses assist with contact tracing; ECDOH places people in isolation or quarantine



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COVID-19: Teams on “Pause”

- ▶ Positive COVID-19 test for a player or coach → no in-person team activities or games for 10 days
- ▶ Goals:
 - ▶ Identify additional positive cases
 - ▶ Break chain of disease transmission
 - ▶ Get kids back to playing as soon as possible
 - ▶ Corrected from presentation: 100 teams on pause since Feb. 1; 17 teams currently on pause



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Environmental Health

- ▶ Issues facility permits
- ▶ Provides education & outreach
- ▶ Investigates complaints
- ▶ Conducts inspections
- ▶ Enforces state and local regulations
- ▶ Contact: (716) 961-6800



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NY Forward Sports & Recreation Guidance Updates

- ▶ Athletes are required to wear a mask when not playing or practicing.
- ▶ Locker room use is strongly discouraged.
- ▶ Spectators: must wear masks; 2 per player.
- ▶ Indoor sports facilities limited to allow 50% capacity.
- ▶ Vaccination status does not alter requirements.
- ▶ All other NYSDOH Sports & Recreation requirements must be followed by teams and facilities.



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NY Forward Sports & Recreation Guidance Updates

- ▶ Current NYS Travel Advisory guidance will change as of April 1.
- ▶ Team travel is allowed, but it exposes your teams and their families to additional risk of transmission, especially if teams from out-of-state are playing.



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Large Events and Tournaments

- ▶ We want to help sports teams reduce risks to athletes, coaches and their families
- ▶ www.erie.gov/health/eventnotice



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Reducing Risk & Keeping Kids in the Game

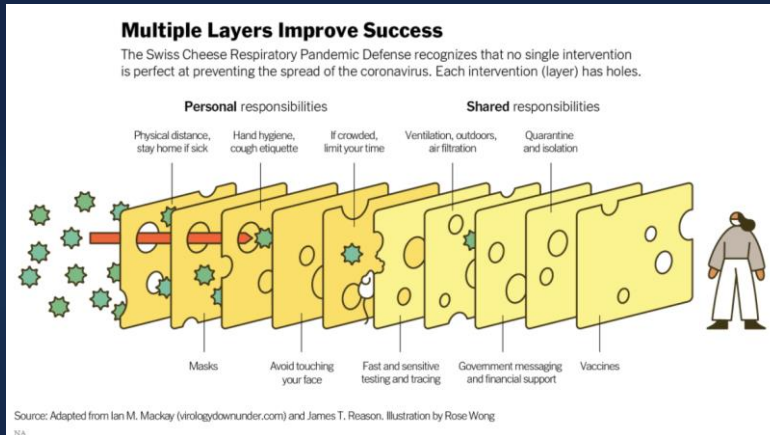
- ▶ Screening
- ▶ Communication
- ▶ Maintaining public health measures
 - ▶ Wearing masks
 - ▶ Staying home when ill
 - ▶ Keeping distance when you can
- ▶ Reconsidering travel and activities
- ▶ Get vaccinated when it's your turn



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The Swiss Cheese Approach to Risk Reduction



Source: NY Times, December 5, 2020



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Protect Yourself & Each Other

- ▶ Stay home if you feel ill
- ▶ Avoid in-person, indoor gatherings
- ▶ Avoid travel to areas with high levels of COVID-19 community transmission
- ▶ Wear a face mask in public and around people not living in your home
- ▶ Keep your physical distance — >> 6 ft apart
- ▶ Wash your hands with soap and water



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Final Comments

- ▶ Our goals:
 - ▶ Reduce community transmission of COVID-19
 - ▶ Keep students, school staff and their families healthy
 - ▶ Keep schools open; keep kids playing
 - ▶ Help teams and facilities follow NY Forward guidance



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ECDOH Resources

- ▶ Regular video updates – Tuesdays at 2 p.m.
Erie County, NY YouTube Channel
www.youtube.com/eriecountyny
- ▶ Social media
 - ▶ Twitter (ECDOH)
 - ▶ Facebook (Erie County Department of Health)
 - ▶ Instagram (@eriecohealth)
- ▶ Information Line: (716) 858-2929
- ▶ Web Site: www.erie.gov/covid19



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Questions and Answers



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